

# July 2024

# The Haven

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays 8th Connie	<b>1</b> 9am Exercises 10.30 Bingo 1pm ST Massage 2pm Darts	<b>2</b> 9am Exercises 10.30 Bobs 1pm Nail Care 2pm Whiteboard Game	<b>3</b> 9am Exercises 9.30 MT Bus 1pm ST Massage 2pm Shuffleboard	<b>4</b> American Independence 9am Exercises 10.30 Stars and Stripes 1pm Nail Care 2pm Memory Magic	<b>5</b> 9am Exercises 10.30 Golf 1pm ST Massage 2pm Remember Me	<b>6</b> 9am Chair Yoga 10.30 Bullseye Toss 2pm Sing a Long 3pm Movie
<b>7</b> 9am Chair Exercises 10.30 Axe Throwing 1pm Nail Care 2pm Boardgames	<b>8</b> Naidoc Week 9am Exercises 10am Bday for Connie 10.30 Bingo 1pm ST Massage 2pm Darts	<b>9</b> Naidoc Week 9am Exercises 10.30 Bobs 1pm Nail Care 2pm Whiteboard Game	<b>10</b> Naidoc Week 9am Exercises 9.30 MT Bus 1pm ST Massage 2pm Shuffleboard	<b>11</b> Naidoc Week 9am Exercises 9.30 Anglicain Services 10.30 Shulbach 1pm Nail Care 2pm Memory Magic	<b>12</b> Naidoc Week 9am Exercises 9.30 Catholic Mass 10.30 Golf 1pm ST Massage 2pm Remember Me	<b>13</b> 9am Chair Yoga 10.30 Bullseye Toss 2pm Sing a Long 3pm Movie
<b>14</b> 9am Chair Exercises 10.30 Axe Throwing 1pm Nail Care 2pm Boardgames	<b>15</b> Bastile Day 9am Exercises 10.30 Showtime 1pm ST Massage 2pm Darts	<b>16</b> 9am Exercises 10.30 Bobs 1pm Nail Care 2pm Whiteboard Game	<b>17</b> 9am Exercises 9.30 MT Bus 1pm ST Massage 2pm Shuffleboard	<b>18</b> 9am Exercises 10.30 Shulbach 1pm Nail Care 2pm Memory Magic	<b>19</b> 9am Exercises 10.30 Golf 1pm ST Massage 2pm Remember Me	<b>20</b> 9am Chair Yoga 10.30 Bullseye Toss 2pm Sing a Long 3pm Movie
<b>21</b> 9am Chair Exercises 10.30 Axe Throwing 1pm Nail Care 2pm Boardgames	<b>22</b> 9am Exercises 10.30 Bingo 1pm ST Massage 2pm Darts	<b>23</b> 9am Exercises 10.30 Bobs 1pm Nail Care 2pm Whiteboard Game	<b>24</b> 9am Exercises 9.30 MT Bus 1pm ST Massage 2pm Shuffleboard	<b>25</b> 9am Exercises 9.30 Anglicain Services 10.30 Shulbach 1pm Nail Care 2pm Memory Magic	<b>26</b> 9am Exercises 10.30 Golf 1pm ST Massage 2pm Remember Me	<b>27</b> 9am Chair Yoga 10.30 Bullseye Toss 2pm Sing a Long 3pm Movie
<b>28</b> 9am Chair Exercises 10.30 Axe Throwing 1pm Nail Care 2pm Boardgames	<b>29</b> 9am Exercises 10.30 Bingo 1pm ST Massage 2pm Darts	<b>30</b> 9am Exercises 10.30 Bobs 1pm Nail Care 2pm Whiteboard Game	<b>31</b> 9am Exercises 9.30 MT Bus 1pm ST Massage 2pm Shuffleboard			