

# February 2024

# The Cove

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Birthdays</b> 1st David H				<b>1</b> 9am Balloon Tennis 10am Birthday for David 10.30am Golf 12.30pm Nail Care 1pm Quizzes	<b>2</b> 9am Chair Yoga 10.30am Bobs 12.30pm ST Massage 1pm Tubegame 2.30pm Dominos	<b>3</b> 9.30am Exercises 10.30am Cooking 12.30pm ST Massage 1pm Memory Magic 3pm Movie
<b>4</b> 9.30am Exercises 10.30am Bingo 12.30pm ST Massage 1.30pm Ice Cream & Giggle 3pm Movie	<b>5</b> 9am Ball Games 10.30am Darts 12.30pm ST Massage 1pm Whiteboard Games 2.30pm Who am I	<b>6</b> Waitangi Day 9am Exercises 10.30am Skittles 12.30pm Nail Care 1pm On this day 2.30pm Snakes and Ladders	<b>7</b> 9am Balloon Tennis 10.30am Bean Bag Toss 12.30pm ST Massage 1pm Shulbach 2.30pm Colour Therapy	<b>8</b> 9am Exercises 9.30am Anglican Services 10.30am Golf 12.30pm Nail Care 1pm Quizzes	<b>9</b> 9am Chair Yoga 10.30 Bobs 12.30 St Massage 1pm Tubegame 2.30 Dominos	<b>10</b> 9.30am Exercises 10.30am Cooking 12.30pm ST Massage 1pm Memory Magic 3pm Movie
<b>11</b> 9.30am Exercises 10.30am Bingo 12.30pm ST Massage 1.30pm Ice Cream & Giggle 3pm Movie	<b>12</b> Chinese New Year 9am Ball Games 10.30am Darts 12.30pm ST Massage 1pm Whiteboard Games 2.30pm Who am I	<b>13</b> Shrove Tuesday 9am Exercises 10.30am Skittles 12.30pm Nail Care 1pm On this day 2.30pm Snakes and Ladders	<b>14</b> Valentines Day 9am Balloon Tennis 10.30am Bean Bag Toss 12.30pm ST Massage 1pm Shulbach 2.30pm Colour Therapy	<b>15</b> 9am Exercises 10.30am Golf 12.30pm Nail Care 1pm Quizzes 2.30pm Sing a long	<b>16</b> 9am Chair Yoga 10.30am Bobs 12.30pm ST Massage 1pm Tubegame 2.30pm Dominos	<b>17</b> 9.30am Exercises 10.30am Cooking 12.30pm ST Massage 1pm Memory Magic 3pm Movie
<b>18</b> 9.30am Exercises 10.30am Bingo 12.30pm ST Massage 1.30pm Ice Cream & Giggle 3pm Movie	<b>19</b> 9am Ball Games 10.30am Darts 12.30pm ST Massage 1pm Whiteboard Games 2.30pm Who am I	<b>20</b> 9am Exercises 10.30am Skittles 12.30pm Nail Care 1pm On this day 2.30pm Snakes and Ladders	<b>21</b> 9am Balloon Tennis 10.30am Bean Bag Toss 12.30pm ST Massage 1pm Shulbach 2.30pm Colour Therapy	<b>22</b> 9am Exercises 9.30am Anglican Services 10.30am Golf 12.30pm Nail Care 1pm Quizzes	<b>23</b> 9am Chair Yoga 10.30am Bobs 12.30pm ST Massage 1pm Tubegame 2.30pm Dominos	<b>24</b> 9.30am Exercises 10.30am Cooking 12.30pm ST Massage 1pm Memory Magic 3pm Movie
<b>25</b> 9.30am Exercises 10.30am Bingo 12.30pm ST Massage 1.30pm Ice Cream & Giggle 3pm Movie	<b>26</b> 9am Ball Games 10.30am Darts 12.30pm ST Massage 1pm Whiteboard Games 2.30pm Who am I	<b>27</b> 9am Exercises 10.30am Skittles 12.30pm Nail Care 1pm On this day 2.30pm Snakes and Ladders	<b>28</b> 9am Balloon Tennis 10.30am Bean Bag Toss 12.30pm ST Massage 1pm Shulbach 2.30pm Colour Therapy	<b>29</b> 9am Exercises 10.30am Golf 12.30pm Nail Care 1pm Quizzes 2.30pm Sing a long		