

Newsletter

November 2023

BlueWave
LIVING



WHAT'S ON

Resident Activities

Each area has a calendar which lists daily activities and can be viewed at blueweliving.org.au/residents/

What's on in November

1st	9.30am	Morning tea bus
	1pm	Afternoon tea bus
2nd	9.30am	Morning tea bus
7th	10.30am	Melbourne Cup Entertainment
8th	9.30am	Morning tea bus
	10.30am	Frantastic
	1pm	Afternoon tea bus
9th	9.30am	Anglican Service
	9.30am	Assisted Shopping
10th	9.30am	Catholic Mass
15th	9.30am	Morning tea bus
	1pm	Afternoon tea bus
16th	9.30am	Morning tea bus
17th	10.30am	The Gals
18th	1pm	Clydesdale horses visit
	2.15pm	Dancing Mates concert
22nd	9.30am	Morning tea bus
	1pm	Afternoon tea bus
23rd	9.30am	Assisted Shopping
	9.30am	Anglican Service
29th	9.30am	Morning tea bus
	1pm	Afternoon tea bus
30th	9.30am	Morning tea bus

Welcome

to our new residents

Jean Bitmead, Joyce Tee and Pat White

Farewells

We would like to acknowledge the following residents who are no longer at Bluewave Living

Liz Davidson, Wendy Fletcher, Ruth Holmstrom, Pat Quinn, Shirley Sanders, Vivien Wareing and Jan Wilson.



Resident Advisory Committee

We are establishing a Resident Advisory Committee and will shortly be inviting residents, and representatives, to be involved.

This will enable residents and representatives who express interest in joining the Committee, to have an additional avenue to share their voice, suggestions or concerns and provide opportunities for improvement. Starting a Resident Advisory Committee is one of the many reforms for the aged care sector the Department of Health and Aged Care and the Aged Care Quality and Safety Commission have introduced for approved aged care providers.

Further information can be found at <https://www.agedcarequality.gov.au/sites/default/files/media/consumer-advisory-body-a-resource-for-consumers.pdf>



OPEN HOUSE
You're Invited

Please join us for a tour of Aqua House, our brand new wing built to the principles of a 'HouseHold Model of Care'

WHEN
Monday
6th November
2023

WHERE
6 Kathleen St
Entry via
The Shores

TIME
3PM - 4PM



Bringing food into BlueWave Living

Do you occasionally bring in food to a relative or friend at BlueWave Living?

It's really nice to show you care by cooking special favourite meals or providing a treat for your friend or loved one but if you do, there are some things you need to know

- All food stored in the communal fridges must be clearly labelled and dated
- Staff are not permitted to re-heat food.

We strongly discourage higher risk foods:

- Cold Meats
- Cold Cooked chicken
- Pate
- Salads
- Chilled seafood
- Cheese

The resident may have special dietary requirements or restrictions of which you may be unaware. Please check with staff before providing food to a resident.



A Message from our CEO

We are pleased to invite the community to an Open House event on Monday 6th November from 3pm for our first fully completed 'HouseHold' – Aqua House. Whilst it is going through the final sign-off's regarding approval for occupation, it is now at practical completion and fully furnished, ready to go for residents to move into very soon. This is an opportunity for all to see what a fully completed 'HouseHold' at BlueWave Living will look like. Whilst we have built new additions as part 'HouseHolds' we need to rebuild internally as well to complete each 'HouseHold' fully. We will also have some images of the planned new central 'ClubHouse' on display at the Open House event. This space is to be developed in as a very large central activities space – that will look and feel somewhat like a local club, as part of Stage Two works.

We anticipate completing our next 'HouseHold' by mid 2024, and the third one by late 2024/ early 2025 as part of Stage Two works. Stage Two works are still in final planning stage – we are aiming to have this completed by year end. We then hope to kick off works early in 2024 (February ideally – subject to being able to achieve some timelines with planning, council approval and builders). Operationally, we will have to undertake Stage Two works in two steps – Stage 2 and Stage 2.5 rolling on. We will be completing the internal rebuild of one of the southern 'The Shores' 'wings/sections' at a time. Initially, residents in the existing 'The Shores' South East wing (rooms 20 – 29) will be the first existing residents to move into newly built rooms elsewhere. We will then undertake a complete internal rebuild of those rooms and areas as part of the initial Stage 2 works commencing in the new year. Once this first stage is complete, then residents in the 'The Shores' South West wing (rooms 31-43) will be moved into newly completed rooms, and we will undertake works rebuilding internally that wing (Stage 2.5). The initial part of Stage 2 will also see the rebuilding internally of 'The Shores' central

space into our new clubhouse area. This space will become a much larger area than the central space is currently, and play host to very large activities and events, however available for use by family and residents at any time. It will include smaller areas, such a fireplace lounge area, a private cinema space, and sitting spaces. It will also open up onto the central courtyards on either side (East and West), and a new dedicated BBQ space will be constructed on the Eastern side courtyard. Stage 2.5 works will also include works that will see the joining of the two buildings, which requires new additions/construction, plus a rebuild of the Palm Sails central courtyard space.

Stage Two works in its entirety will be a very significant build program, somewhat complicated by working through existing buildings along with some new additions/constructions. We are aware this will be disruptive at times; however the end goal will be the creation of some wonderful new Households and spaces for our Elders in care to enjoy.

Also of note, our new Chapel building is now complete – accessed off our Carinya wing (same as the access was to the old Chapel area). This is a lovely relaxing private space residents and families can enjoy.

I would also like to highlight that this year will be the return of hosting families for Christmas Lunch if they wish to join their loved ones in care. Spaces are limited, and more details are included in this newsletter.

A reminder as always, if unwell in any way, please defer visiting. It is small steps we can all take to continue to minimise risk to our Elders in care.

Till next time, take care,

Matt



Christmas Lunch

We will be setting up some tables for families to have lunch with their loved ones on Christmas Day.

We can cater for two people per resident.
\$30 per person.

If you would like to book a table please see reception staff. *Spots are limited.



ENJOYING OUTDOOR ACTIVITIES DURING SPRING!

