

# November 2023

# The Haven

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> 9am Exercises 9.30 Morning tea bus 1.30 Quizzes	<b>2</b> 9am Exercises 10.30 Shulbach 1.30 Remember When 1.30 Residents meeting	<b>3</b> 9am Exercises 10.30 Darts 1.30 Whiteboard Game	<b>4</b> 9am Exercises 10.30 Snakes and Ladders 1.30 Sing along
<b>5</b> 9am Chair yoga 10.30 Bingo 1.30 Garden Reading 3pm Movie	<b>6</b> 9am Exercises 10.30 Golf 1.30 Remenising	<b>7</b> Melbourne cup 9am Exercises 10.30 Silver & Gold 1.30 Fashions of the field 3pm The race that stops the Nation	<b>8</b> 9am Exercises 9.30 Morning tea bus 10.30 Frantastic 1.30 Quizzes	<b>9</b> 9am Exercises 9.30 Anglicain Services 10.30 Shulbach 1.30 Remember When	<b>10</b> 9am Exercises 9.30 Catholic Mass 10.30 Darts 1.30 Whiteboard Game	<b>11</b> 9am Exercises 10.30 Snakes and Ladders 1.30 Sing along
<b>12</b> 9am Chair yoga 10.30 Bingo 1.30 Garden Reading 3pm Movie	<b>13</b> 9am Exercises 10.30 Golf 1.30 Remenising	<b>14</b> 9am Exercises 10.30 Bobs 1.30 Lettergame	<b>15</b> 9am Exercises 9.30 Morning tea bus 1.30 Quizzes	<b>16</b> 9am Exercises 10.30 Shulbach 1.30 Remember When	<b>17</b> 9am Exercises 10.30 The Gals 1.30 Whiteboard Game	<b>18</b> 9am Exercises 10.30 Snakes and Ladders 1pm Clydsdale horses 2.15 Dancing Mates
<b>19</b> 9am Chair yoga 10.30 Bingo 1.30 Garden Reading 3pm Movie	<b>20</b> 9am Exercises 10.30 Golf 1.30 Remenising	<b>21</b> 9am Exercises 10.30 Bobs 1.30 Lettergame	<b>22</b> 9am Exercises 9.30 Morning tea bus 1.30 Quizzes	<b>23</b> 9am Exercises 9.30 Anglicain Services 10.30 Shulbach 1.30 Remember When	<b>24</b> 9am Exercises 10.30 Darts 1.30 Whiteboard Game	<b>25</b> 9am Exercises 10.30 Snakes and Ladders 1.30 Sing along
<b>26</b> 9am Chair yoga 10.30 Bingo 1.30 Garden Reading 3pm Movie	<b>27</b> 9am Exercises 10.30 Golf 1.30 Remenising	<b>28</b> 9am Exercises 10.30 Bobs 1.30 Lettergame	<b>29</b> 9am Exercises 9.30 Morning tea bus 1.30 Quizzes	<b>30</b> 9am Exercises 10.30 Shulbach 1.30 Remember When		