


November 2023

Palm Sails

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Birthdays 2nd Shirley 6th Ruth		1 9am Exercises 10.30 Bowls 1pm Quizzes	2 9am Exercises 9.30 MT Bus 10.30 Rummikub 1.30 Residents Meeting 2pm Bday for Shirley	3 9am Exercises 10.30 Golf 1pm Whiteboard Games	4 Sing along Movies
5 Boardgames Netflix	6 9am Exercises 10am Bday for Ruth 10.30 Bobs 1pm Memory Magic	7 Melbourne cup 9am Exercises 10.30 Silver & Gold 1.30 Horse game Fashions of the field 3pm The Race that stops	8 9am Exercises 10.30 Frantastic 1pm Quizzes	9 9am Exercises 9.30 Anglicain Service 9.30 Shopping bus 10.30 Rummikub 1pm Bingo	10 9am Exercises 9.30 Catholic Mass 10.30 Golf 1pm Whiteboard Games	11 Sing along Movies
12 Boardgames Netflix	13 9am Exercises 10.30 Bobs 1pm Memory Magic	14 9am Exercises 10.30 Bingo 1pm Shuffleboard	15 9am Exercises 10.30 Bowls 1pm Quizzes	16 9am Exercises 9.30 MT Bus 10.30 Rummikub 1pm Bingo	17 9am Exercises 10.30 The Gals 1pm Whiteboard Games	18 1pm clydesdale Visits 2pm Dancing Mates
19 Boardgames Netflix	20 9am Exercises 10.30 Bobs 1pm Memory Magic	21 9am Exercises 10.30 Bingo 1pm Shuffleboard	22 9am Exercises 10.30 Bowls 1pm Quizzes	23 9am Exercises 9.30 Anglicain Service 9.30 Shopping bus 10.30 Rummikub 1pm Bingo	24 9am Exercises 10.30 Golf 1pm Whiteboard Games	25 Sing along Movies
26 Boardgames Netflix	27 9am Exercises 10.30 Bobs 1pm Memory Magic	28 9am Exercises 10.30 Bingo 1pm Shuffleboard	29 9am Exercises 10.30 Bowls 1pm Quizzes	30 9am Exercises 9.30 MT Bus 10.30 Rummikub 1pm Bingo		