

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Daily: Porridge, Prunes, Assorted Cereals, Hot or Cold Milk, Coffee, Tea, White or Wholemeal Bread, Margarine or Butter, Spreads, Tinned Fruit, Orange Juice or Apple Juice.						
HOT B'FAST							Poached Eggs with Sausages
MORNING TEA	Chocolate & Mint Oat Slice	Carrot Cake	Cookie of the Day	Chocolate Scrolls	Portugese Tart	White Chocolate Rocky Road	Mixed Berry Muffin
LUNCH MAIN CHOICE	Steak & Kidney Pie	<i>Asian Pork Belly with Sweet Potato Puree & Asian Wilted Greens</i>	Roast Chicken Thigh w/ Creamy Garlic Suace	<i>Brasied Steak & Mushrooms with Potato Croquette, Broccolini & Red Wine Sauce</i>	Battered Fish	Cajun Spiced Chicken	Roast Beef with Gravy
LUNCH 2nd Choice	Pesto Penne Pasta		Lambs Fry w/ Bacon		Zucchini Slice	Creamy Pork Marsala	Quiche Lorraine
VEGETABLES	Roast Potato, Broccoli & Cauliflower Mornay		Chat Potatoes, Brussel Sprouts, Pumpkin		Chips & Salad	Mash Potato, Roasted Kumera & Beans	Roasted Mixed Vegetables
ASSORTED SANDWICHES or SALADS	<i>Plated Sandwiches or Salads available on request as an alternative meal - See Below for Salad or Sandwich of the Day</i>						
VEGETARIAN	Pesto Penne Pasta	Vegetable Parmigiana	Vegetable Patty	Pea Risotto	Zucchini Slice	Plant Base Chicken	Veggie Casserole
DESSERT	Coconut Impossible Pie	Creme Brulee	Cream of Rice	Chocolate Self Sauce Pudding	Custard Crumb Cake & Cream	Peaches & Custard	Pavlova & Passionfruit
TEXTURE MODIFIED DESSERT	Coconut Impossible Pie	Creme Brulee	Puree Fruit	Chocolate Self Sauce Pudding	Custard Crumb Cake & Cream	Puree Peach & Custard	Puree Fruit with Cream
TEXTURE MODIFIED MINCED AND MOIST	Steak & Kidney	Braised Pork	Braised Chicken	Braised Steak	Steamed Fish	Cajun Spiced Chicken	Glazed Leg of Ham
TEXTURE MODIFIED PUREE	Steak & Kidney	Braised Pork	Braised Chicken	Braised Steak	Steamed Fish	Cajun Spiced Chicken	Glazed Leg of Ham
TEXTURE MODIFIED VEGETABLES	Mashed Potato, Broccoli & Cauliflower Mornay	Puree Potato, Greens & Carrot	Potatoes, Brussel Sprouts, Pumpkin	Beans, Carrot & Potato	Broccoli, Potato & Pumpkin	Mash Potato, Roasted Kumera & Beans	Puree Mixed Vegetables
WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AFTERNOON TEA	Sweet Biscuits	Savoury Crackers & Dip	Sweet Biscuits	Savoury Crackers with Cheese, Ham & Tomato	Sweet Biscuits	Savoury Mini Quiche	Sweet Biscuits
SOUP ENTRÉE	Minestrone	Sweet Potato	Pumpkin	Broccoli & Cheese	Potato & Leek	Tomato	Vegetable
DINNER Main Choice	Honey Chicken & Rice Pilaf	Fish Cocktails with Chips and Colesaw	Beef & Vegetable Sausage Roll with Salad	Carbanara Pasta & Garlic Bread	Chicken & Leek Pie	Baked Beans or Spaghetti on Toast	Spring Rolls & Salad
DINNER 2nd Choice	Cheese & Tomato Toasted Sandwich	Silverside & Tomato Toasted Sandwich	Ham & Cheese Toasted Sandwich	Cheese & Tomato Toasted Sandwich	Silverside & Tomato Toasted Sandwich	Ham & Cheese Toasted Sandwich	Cheese & Tomato Toasted Sandwich
DINNER 3rd Choice	Omelette of the Day	Omelette of the Day	Omelette of the Day	Omelette of the Day	Omelette of the Day	Omelette of the Day	Omelette of the Day
VEGETARIAN	Vegetable Rice Pilaf	Vegatble Spring Rolls	Vegetable Sausage Roll	Mushroom Pasta	Egg & Leek Pie	Baked Beans or Spaghetti on Toast	Spring Rolls & Salad
DESSERT or FRESH FRUIT	Crème Caramel	Ice Cream & Topping	Tinned Fruit	Panna Cotta & Cream	Warm Chocolate Cake	Ice Cream & Topping	Rice Pudding
SANDWICH or SALAD OF THE DAY	Mixed Sandwich	Mixed Sandwich	Mixed Sandwich	Mixed Sandwich	Mixed Sandwich	Mixed Sandwich	Mixed Sandwich
TEXTURE MODIFIED MINCED AND MOIST	Honey Chicken	Steamed Fish	Beef Mince	Braised Pork	Chicken & Leek Mix	Pork Marsala	Beef Casserole
TEXTURE MODIFIED PUREE	Honey Chicken	Steamed Fish	Beef Mince	Braised Pork	Chicken & Leek Mix	Pork Marsala	Beef Casserole
TEXTURE MODIFIED VEGETABLES	Mixed Vegetables & Potato	Potato, Pumpkin & Beans	Potato, Peas & Kumera	Broccoli, Potato & Pumpkin	Puree Potato & Mixed Vegetables	Pumpkin, Potato & Peas	Potato & Mixed Vegetables
TEXTURE MODIFIED DESSERT	Puree Fruit	Yoghurt	Puree Fruit	Panna Cotta & Cream	Puree Fruit	Yoghurt	Puree Fruit
SUPPER	A Selection of Tea, Coffee or Milo with Diabetics receiving Yoghurt or Fruit or Mixed Sandwiches.						
<i>Fresh Fruit is Available at Lunch & Dinner Daily</i>							