

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	Daily: Fresh Juice (Apple or Orange), Fresh or Tinned Fruit, Yoghurt, Assorted Cereals, Prunes, Porridge, Coffee, Tea, Assorted Breads & Spreads, Pastries, Scrambled or Poached Eggs						
<b>HOT B'FAST</b>							Sausages & Scrambled Eggs
<b>MORNING TEA</b>	Hedgehog Slice	Savoury Scrolls	Cookie of the Day	Jelly Cakes	Lemon Tart	Rocky Road	Apple & Cinnamon Muffin
<b>LUNCH MAIN CHOICE</b>	Shepherds Pie	<i>Fishermans Basket with House Made Chips, Greek Salad, Lemon &amp; Garlic Aioli</i>  <i>or Chickpea &amp; Sweet Potato Curry</i>	Corned Silverside with White Sauce	<i>Stuffed Chicken Supreme, Potato Puree, Broccolini &amp; Spiced Pumpkin with Red Wine Sauce</i>  <i>or Caramlised Onion Quiche</i>	Battered Fish	Maple Glazed Lamb Sausage	Roasted Pork with Crackling & Gravy
<b>LUNCH 2nd Choice</b>	Pumpkin Ravioli with Garlic Cream Sauce		Lambs Fry & Bacon		Braised Rissole & Gravy	Cheese & Spinach Triangles	BBQ Glazed Meatloaf
<b>VEGETABLES</b>	Pumpkin & Whole Beans		Potato Bake, Carrots & Peas		Chips & Salad	Mash Potato, Carrots & Peas	Roasted Mixed Vegetables
<b>ASSORTED SANDWICHES or SALADS</b>	<i>Plated Sandwiches or Salads available on request as an alternative meal - See Below for Salad or Sandwich of the Day</i>						
<b>VEGETARIAN</b>	Pumpkin Ravioli w/ Garlic Cream Sauce	Chickpea & Sweet Potato Curry	Vegetable Patty w/ White Sauce	Caramlised Onion Quiche	Veggie Rissole	Cheese & Spinach Triangles	Vegetable Glazed Loaf
<b>DESSERT</b>	Sticky Ginger Pudding	Crumble Cake with Custard	Cream of Rice	Chocolate Ripple Cake	Bread & Butter Pudding with Nutmeg Custard	Creme Caramel	Pavlova with Mixed Berry Compote
<b>TEXTURE MODIFIED DESSERT</b>	Sticky Ginger Pudding	Crumble Cake with Custard	Puree Fruit & Yoghurt	Chocolate Ripple Cake	Baked Custard	Creme Caramel	Puree Berries and Whipped Cream
<b>TEXTURE MODIFIED MINCED AND MOIST</b>	Shepherds Pie	Steamed Fish	Corned Silverside with White Sauce	Braised Chicken	Steamed Fish	Maple Glazed Lamb Sausage	Braised Pork
<b>TEXTURE MODIFIED PUREE</b>	Shepherds Pie	Steamed Fish	Corned Silverside with White Sauce	Braised Chicken	Steamed Fish	Maple Glazed Lamb Sausage	Braised Pork
<b>TEXTURE MODIFIED VEGETABLES</b>	Pumpkin & Whole Beans	Potato, Broccoli & Cauliflower	Potato Bake, Carrots & Peas	Broccolini, Pumpkin & Potato	Potato, Kumera & Brussel Sprouts	Mash Potato, Carrots & Peas	Puree Mixed Vegetables
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>AFTERNOON TEA</b>	Sweet Biscuits	Savoury Crackers & Dip	Sweet Biscuits	Savoury Crackers with Cheese, Ham & Tomato	Sweet Biscuits	Savoury Mini Quiche	Sweet Biscuits
<b>SOUP ENTRÉE</b>	Broccoli & Cheese	Sweet Potato	Carrot & Lentil	Potato & Leek	Tomato	Pea & Ham	Vegetable
<b>DINNER Main Choice</b>	Marinated Chicken Drumsticks & Mixed Veg	Curried Sausages with Mash & Peas	Mushroom Risotto	Irish Beef Stew	Ham & Cheese Croissant with Salad	Chicken Pasta Bake	Fish Cakes, Veg & White Sauce
<b>DINNER 2nd Choice</b>	Ham & Cheese Toasted Sandwich	Cheese & Tomato Toasted Sandwich	Ham & Cheese Toasted Sandwich	Silverside & Tomato Toasted Sandwich	Cheese & Tomato Toasted Sandwich	Silverside & Tomato Toasted Sandwich	Ham & Cheese Toasted Sandwich
<b>DINNER 3rd Choice</b>	Omelette of the Day	Omelette of the Day	Omelette of the Day	Omelette of the Day	Omelette of the Day	Omelette of the Day	Omelette of the Day
<b>VEGETARIAN</b>	Plant Base Chicken	Veggie Sausage	Mushroom Risotto	Vegetable Stew	Cheese & Tomato Toasted Sandwich	Veggie Pasta Bake	Veggie Patty
<b>DESSERT or FRESH FRUIT</b>	Tinned Fruit	Ice Cream & Topping	Baked Custard & Apricots	Ice Cream & Topping	Crème Caramel	Ice Cream & Topping	Rice Pudding
<b>SANDWICH or SALAD OF THE DAY</b>	Mixed Sandwich	Mixed Sandwich	Mixed Sandwich	Mixed Sandwich	Mixed Sandwich	Mixed Sandwich	Mixed Sandwich
<b>TEXTURE MODIFIED MINCED AND MOIST</b>	Marinated Chicken	Curried Sausages	Braised Beef	Irish Beef Stew	Braised Rissole & Gravy	Braised Chicken	Steamed Fish
<b>TEXTURE MODIFIED PUREE</b>	Marinated Chicken	Curried Sausages	Braised Beef	Irish Beef Stew	Braised Rissole & Gravy	Braised Chicken	Steamed Fish
<b>TEXTURE MODIFIED VEGETABLES</b>	Potato & Mixed Vegetables	Potato & Peas	Pumpkin, Beans & Potato	Potato, Carrot & Peas	Broccoli, Pumpkin & Potato	Brussel Sprouts, Kumera & Potato	Mixed Vegetables & Potato
<b>TEXTURE MODIFIED DESSERT</b>	Puree Fruit	Yoghurt	Puree Fruit	Yoghurt	Puree Fruit	Creme Caramel	Yoghurt
<b>SUPPER</b>	A Selection of Tea, Coffee or Milo with Diabetics receiving Yoghurt or Fruit or Mixed Sandwiches.						
<i>Fresh Fruit is Available at Lunch &amp; Dinner Daily</i>							