

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Daily: Fresh Juice (Apple or Orange), Fresh or Tinned Fruit, Yoghurt, Assorted Cereals, Prunes, Porridge, Coffee, Tea, Assorted Breads & Spreads, Pastries, Scrambled or Poached Eggs						
HOT B'FAST							Bacon & Poached Eggs
MORNING TEA	Orange & Poppyseed Cake	Scones w/ Jam and Cream	Cookie of the Day	Sausage Rolls	Chocolate Brownie	Sao's w/ Cheese & Tomato	Blueberry Muffin
LUNCH MAIN CHOICE	Pickled Pork with Mustard Sauce	<i>Grilled Barramundi with Prawn Topper, Garlic Cream Sauce, House-made Chips & Fragrant Salad</i> <i>or Home-made Sausage Roll</i>	Braised Thyme Chicken Drumsticks	Carvery Day - Carved & Roasted Meats with Roasted Vegetables <i>or Arrancini Balls with Chutney</i>	Crumbed Fish	Beef Stroganoff	Roasted Chicken with Gravy
LUNCH 2nd Choice	Cauliflower Fritters		Lambs Fry with Bacon		Ham & Cheese Croissant	Egg & Bacon Pie	Bosciola Pasta
VEGETABLES	Roasted Chat Potatoes, Braised Cabbage, Beans		Sweet Potato, Corn Puree & Brussel Sprouts		Chips & Coleslaw	Mash Potato, Peas & Carrots	Roasted Mixed Vegetables
ASSORTED SANDWICHES or SALADS	Plated Sandwiches or Salads available on request as an alternative meal - See Below for Salad or Sandwich of the Day						
VEGETARIAN	Zucchini Fritters	Vegetarian Sausage Roll	Veggie Sausage	Arrancini Balls w/ Chutney	Tomato & Cheese Croissant	Egg & Tomato Pie	Mushroom Pasta
DESSERT	Baked Fruit & Vanilla Bean Custard	Chocolate Mud Cake with Ice Cream	Cream of Rice	Chewy Caramel Peanut Slice with Chantilly Cream	Lime Flummery	Apple and Rubarb Crumble with Custard	Cinnamon Poached Pears & Yoghurt
TEXTURE MODIFIED DESSERT	Baked Vanilla Bean Custard	Chocolate Mud Cake with Cream	Puree Fruit & Yoghurt	Chewy Caramel Peanut Slice with Chantilly Cream	Lime Flummery	Apuree Apple and Rhubarb with Custard	Puree Pears & Yoghurt
TEXTURE MODIFIED MINCED MOIST	Pickled Pork with Mustard Sauce	Steamed Fish	Braised Chicken	Braised Beef	Steamed Fish	Beef Stroganoff	Braised Chicken
TEXTURE MODIFIED PUREE	Pickled Pork with Mustard Sauce	Steamed Fish	Braised Chicken	Braised Beef	Steamed Fish	Beef Stroganoff	Braised Chicken
TEXTURE MODIFIED VEGETABLES	Puree Potato, Beans & Carrot	Mashed Potato, Peas & Cauliflower	Sweet Potato, Corn Puree & Brussel Sprouts	Puree Mixed Vegetables	Potato, Beans & Cauliflower	Mash Potato, Peas & Carrots	Puree Mixed Vegetables
WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AFTERNOON TEA	Sweet Biscuits	Savoury Crackers & Dip	Sweet Biscuits	Savoury Crackers with Cheese, Ham & Tomato	Sweet Biscuits	Savoury Mini Quiche	Sweet Biscuits
SOUP ENTRÉE	Minestrone	Sweet Potato	Chicken & Corn	Vegetable	Potato & Leek	Pea & Ham	Pumpkin
DINNER Main Choice	Chicken Wings with Potato Salad & Onion Rings	Hot Dog & Chips	Mixed Vegetable Quiche & Salad	Spaghetti & Meatballs	Savoury Mince on Toast	Lamb Sausages with Mash & Gravy	Sweet & Sour Pork on Steamed Rice
DINNER 2nd Choice	Silverside & Tomato Toasted Sandwich	Ham & Cheese Toasted Sandwich	Cheese & Tomato Toasted Sandwich	Silverside & Tomato Toasted Sandwich	Ham & Cheese Toasted Sandwich	Cheese & Tomato Toasted Sandwich	Silverside & Tomato Toasted Sandwich
DINNER 3rd Choice	Omelette of the Day	Omelette of the Day	Omelette of the Day	Omelette of the Day	Omelette of the Day	Omelette of the Day	Omelette of the Day
VEGETARIAN	Vegetable Patty	Plant Base Hotdog	Mixed Vegetable Quiche & Salad	Veggie Pasta	Curried Vegetable & Rice	Veggie Springroll	Veggie Sausage
DESSERT or FRESH FRUIT	Ice Cream & Topping	Baked Custard & Peaches	Jellied Fruit with Custard	Lemon Cake	Ice Cream & Topping	Tinned Fruit	Panna Cotta
SANDWICH or SALAD OF THE DAY	Mixed Sandwich	Mixed Sandwich	Mixed Sandwich	Mixed Sandwich	Mixed Sandwich	Mixed Sandwich	Mixed Sandwich
TEXTURE MODIFIED MINCED AND MOIST	Braised Chicken	Braised Beef	Scrambled Egg	Braised Meatballs	Sweet & Sour Pork	Savoury Mince	Lamb Sausages
TEXTURE MODIFIED PUREE	Braised Chicken	Braised Beef	Scrambled Egg	Braised Meatballs	Sweet & Sour Pork	Savoury Mince	Lamb Sausages
TEXTURE MODIFIED VEGETABLES	Mashed Potato & Mixed Vegetables	Beans, Carrot & Potato	Broccoli, Potato & Pumpkin	Mashed Potato, Peas & Cauliflower	Brussel Sprouts, Potato, & Carrot	Kumera, Potato & Beans	Pumpkin, Potato & Peas
TEXTURE MODIFIED DESSERT	Yoghurt	Puree Fruit	Puree Fruit & Custard	Puree Fruit	Yoghurt	Puree Fruit	Panna cotta
SUPPER	A Selection of Tea, Coffee or Milo with Diabetics receiving Yoghurt or Fruit or Mixed Sandwiches.						
<i>Fresh Fruit is Available at Lunch & Dinner Daily</i>							